

The Career Center Pre-Physical Therapy Guide



Pre-Requisite Information

Please note that it is the responsibility of the student to research individual physical therapy admission requirements. Additional courses may be required or recommended, including Kinesiology, Upper-Level Psychology, and science. Your academic advisor can discuss courses required for your major.

Biological Sciences	Courses	Required	Strongly Recommended
General Biology (1-2 sem)	MCB 150 & MCB 151 IB 150 & IB 151	\checkmark	
Anatomy & Physiology (2 sem)	MCB 244 & MCB 245 MCB 246 & MCB 247	\checkmark	
Physical Sciences	Courses	Required	Strongly Recommended
General Chemistry (1-2 sem)	CHEM 102 & CHEM 103 CHEM 104 & CHEM 105	✓	
General Physics (2 sem)	PHYS 101 & PHYS 102	\checkmark	
Statistics & Math	Courses	Required	Strongly Recommended
Statistics	STAT 100 or equivalent	\checkmark	
Calculus	MATH 220		✓
Behavioral Sciences & Communication	Courses	Required	Strongly Recommended
Psychology (2 sem)	PSYC 100, PSYC 238	\checkmark	
Sociology	SOC 100		✓
Medical Terminology	CLCV 102 or KIN 199		✓
Communication (2 sem)	Composition 1 Advanced Composition	\checkmark	



EXPERIENCES FOR PT SCHOOL

Physical Therapy schools look for a variety of experiences, but emphasize shadowing a licensed physical therapist. This is not an exhaustive list of the opportunities. Students can pursue many things to enhance their future application. It is important to have quality experiences over quantity!

Shadowing/Direct PT Care

- Shadow Licensed PT (various settings and patients)
- Hospital/Clinic Volunteering
- PT Assistant

Community Service

- Social Justice
- Get out in your campus community

Leadership

- Training & Development
- Executive Board Position

Research

- Undergraduate Research
- Summer Undergraduate Research Fellowship
- Research during gap year



YOUR TIMELINE

This is a suggested timeline only. Every student has their own path to PT school. If choosing a gap year, it allows students to enhance their academics and professional/personal experiences.

Fall

MCB 150/MCB 151 CHEM 102/103

Attend Quad Day, Pre-Health Kick-Off Find RSOs to join (don't join too many!)

Fall

PSYC 100 STAT 100

Continue activities and/or find new ones Shadow PT

Fall

MCB 244 & MCB 245 PHYS 101

Leadership experience GRE Prep

Fall

CLCV 102 or KIN 199

GRE Prep (if haven't applied)
PT School Interviews

Spring

IB 150/ IB 151 (if needed) CHEM 104/105

Volunteering Look into research opps Summer planning

Spring

PSYC 238 SOC 100

Summer planning-internships, shadowing Study Abroad

Spring

MCB 246 & MCB 247 PHYS 102

GRE Prep or Take GRE Plan for application cycle-if not planning gap year

Spring

Any additional coursework

Take GRE (if applying upcoming cycle) PT School Interviews/Decision on Offers Consider reapplying



YOUR TIMELINE

Print this document to fill in your coursework and experiences.

Fall	Spring
Fall	Spring
Fall	Spring

TIMELINE OF APPLYING

ARE YOU READY?

First step...

Determine if you are ready to apply based on your academics (GPA, completed pre-reqs), test score, experiences and letters of rec. Do you feel like you are competitive for the programs you want to apply to?



APPLICATION OPENS

Know your dates...

The application to PT school opens the middle of June each year. Applicants can submit their PTCAS when they feel they are ready to. Some PT programs do not use PTCAS for their application. Research programs to know how to apply!



WHAT DO YOU NEED TO APPLY?

Plan ahead...

It is important to know that you typically do not need letters of recommendation or your test scores to submit your application. The basic parts are: biographical info, coursework, personal statement, work/activities, who your letter writers are and admission test date.



VERIFICATION

Start the process...

PTCAS will have your primary application go through a process called verification. This is where the PTCAS "verifies" what you have entered in for coursework and that it matches your transcripts. They will also calculate the various GPAs PT schools use to evaluate applicants. This process can take 2 days or up to 4 weeks. Apply early!



TIMELINE OF APPLYING

SECONDARY APPLICATIONS

Check your email...

Once your application is submitted and verified, you can work on secondary applications or supplemental questions. Many programs will have questions embedded in PTCAS or could send you a separate application (secondary).



WAITING GAME

No news, is good news...



One of the most anxious times for prehealth applicants is waiting to hear back from programs on interviews. Depending how long you have waited, you can submit an update with significant information. Otherwise, know that if you haven't been denied, then you still have an opportunity!

INTERVIEWS

Again...check your email!

Being invited for an interview means that you have met what they are looking for on paper. This is your opportunity to talk to individuals at the programs about why you are passionate about the field and that specific school. Do your research! Come prepared with your own questions! And don't forget to practice with a mock interview!



ADMISSION OFFERS

Be ready



PT programs may send admission offers within a couple of weeks of interviewing. Programs usually send out decisions in batches. It is possible to receive multiple offers, but also be denied or waitlisted.

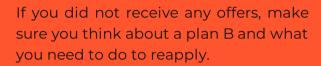


TIMELINE OF APPLYING

DECISION TIME

Understand your options

If you have received an admission offer, be mindful of due dates for deposits to hold your seat. Plus, applicants need to be aware of decision deadlines. Read carefully any information programs have sent you!







Start School

Woohoo!!

Congratulations! You have accepted an offer to a PT school and are ready to start your journey to become a physical therapist.



The Career Center

Throughout the application process, the Pre-Health Advisors are available to assist applicants...alumni too! We can discuss competitiveness, review personal statements, work/activity sections, secondary essays, school list, conduct mock interviews and walk you through the decision process. Don't hesitate to contact us, if you need help!





RESOURCES

PTCAS Prospective Students

PTCAS Observation Hours

PTCAS Program Directory

<u>APTA</u>

Health Profession Advising

Personal Statement Reviews

Mock Interviews